

Thesis Format and Style for Buddhist Studies

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(Updated: Jan. 26. 2019 for IBC research workshop)

1. Introduction

There are four kinds of Style commonly used:

1. MLA (*the Modern Language Association*) Style Manual (MLA place date in works cited but omits it in in-text citation)
2. CMS (*the Chicago Manual of Style*) (use bibliography and footnotes)
3. APA (*the American Psychological Association*) Style and Harvard Style (use references and in-text citation: give an author's last name and a date of publication. APA is similar to Harvard Style)

1.1. Examples of MLA and CMS for printed books

Bibliography

Willemen, Charles. *Outlining the Way to Reflect*. Mumbai: Somaiya Publications, 2012.

Footnotes/Endnotes

Charles Willemen, *Outlining the Way to Reflect* (Mumbai: Somaiya Publications, 2012), 20.

In-Text citation (MLA only)

Sarvāstivādins stress on white-bone meditation. "If one is utterly disgusted with the body, one should advance to the visualization of white bones." (Willemen, 20).*

* Note: If we quote more than one book from Willemen, we need add a partial title after Willemen as: Willemen, *Outline*, 20)

Charles Willemen in his book, *Outline the Way of Reflect*, claims that if one practices white-bone meditation, one can follow Mahāyāna to reborn Tuṣita heaven. (21)

1.2. Examples of APA and Harvard Style for printed books

References (APA)

Willemen, Charles. (2012). *Outlining the Way to Reflect*. Mumbai: Somaiya Publications.

References (Harvard)

Willemen, Charles. (2012) *Outlining the Way to Reflect*. Mumbai: Somaiya Publications.

In-Text citation (APA)

Sarvāstivādins stress on white-bone meditation. "If one is utterly disgusted with the body, one should advance to the visualization of white bones." (Willemen, 2012, p. 20).

Charles Willemen (2012) in his book, *Outline the Way of Reflect*, claims that if one practices white-bone meditation, one can follow Mahāyāna to reborn Tuṣita heaven. (p. 21)

In-Text citation (Harvard)

Sarvāstivādins stress on white-bone meditation. “If one is utterly disgusted with the body, one should advance to the visualization of white bones.” (Willemen 2012: p.20).

Charles Willemen (2012) in his book, *Outline the Way of Reflect*, claims that if one practices white-bone meditation, one can follow Mahāyāna to reborn Tuṣita heaven. (p.21)

1.3 Style for Buddhist Studies

In Buddhist Studies, most scholars use MLA and CMS. Some also use APA and Harvard (specially for a short research paper).

Buddhist scholars prefer **footnotes** to parenthetical notes(in-text citation):

- We use round brackets () for technical terms to define their original Pali or Sanskrit, for example, all formations are suffering (*dukkha*); and for abbreviations to quote from primary sources (e.g. DN22).
- We use square brackets [] for added-information for translation texts. Or insert your own words into quoted materials.

In the following, we are be looking at MLA style. Once we know one style, it is easy to convert to other style when required.

2. MLA Style Guide: Bibliography

There are two books for MLA Style:

1. *MLA Handbook for Writers of Research Papers*. 8th ed. (for High school and undergraduate students, IBC eLibrary has 7th edition)
2. *The MLA Style Manual and Guide to Scholarly Publishing*. 3rd ed. (for graduate, scholars)

Book:

Lastname, Firstname. *Title*. City: Publisher, Date.

King, Winston. *Theravāda Meditation: The Buddhist Transformation of Yoga*. Delhi: Motilal Banarsidass, 1992.

Journal article:

Lastname, Firstname. "Title." *Journal* volume (year): pages.

King, Winston. "On Nibbana" *Buddhist Magazine*, 21 (October 1951): 21-23.

3. MLA Style Guide: Footnotes

You should give the source for every idea and quotation you use in your paper. Otherwise you are being academically dishonest.

For a book:

Firstname Lastname, *Title of the Book* (City: Publisher, year), page number.

Winston L. King, *Theravāda Meditation: The Buddhist Transformation of Yoga* (Delhi: Motilal Banarsidass, 1992), 15.

Second time: King, 25.

If you quote more than one works from Winston L. King, than second time, use simple citing (a part title of the book):

King, *Theravāda*, 25.

For an article:

Winston L. King. "Nāgārjuna is not a Mahāyānist" *Buddhist Magazine* 21 (October 1999): 21-23.

For Internet:

Author's Name (if have), "Title of the article." Web, date access <Web site address>.

For example:

Winston L. King. "On Mantranaya." Web, 26, Jan. 2019 <<http://www.padma.org/001/lab/on-mantranaya.htm>>

If the address is too long, you can add a space after /
<<http://www.padma.org/001/lab/onmantranaya.htm>>

4. Cases for Buddhist Studies

4.1 Use Abbreviation

- A. *Aṅguttara Nikāya*, ed. R. Morris and E. Hardy, 5 vols. PTS, 1885-1900. (e.g. "A.i.22" means *Aṅguttara Nikāya*, vol. 1, page 22).
- AN *Aṅguttara Nikāya*. English translation by Bhikkhu Bodhi, *The numerical discourses of the Buddha: a translation of the Aṅguttara Nikāya*. Somerville: Wisdom Publications, 2012. (e.g. "AN7:49" means "the book of 7, the 49th sutta.")
- D. *Dīgha Nikāya*, ed. T. W. Rhy Davids and J. E. Carpenter, 3 vols. PTS, 1890-1911.
- DN *Dīgha Nikāya* (e.g. DN22, means Sutta Number 22).
- DĀ *Dīgha Āgama*
- MN *Majjhima Nikāya* (e.g. MN10, means Sutta Number 10).
- PTS Pali Text Society.
- S *Saṃyutta Nikāya*. English translation by Bhikkhu Bodhi, *The Connected Discourses of the Buddha: a new translation of the Saṃyutta Nikāya*. Somerville: Wisdom Publications, 2000. (e.g. "S54.7" means "the 7th sutta of the 54th Saṃyutta.")
- T *Taishō-shinshū-daizōkyō Chinese Tripiṭaka* (e.g. "T46, no.1911, 49a" means Book 46, Number 1911, page 49, column a).
- Vis. *Visuddhimagga*. English translation by Nyanamoli, *The Path of Purification: Visuddhimagga*. Kandy: Buddhist Publication Society, 2010. PDF edition, 2018. <<http://www.bps.lk>> (e.g. "Vis., VI, 110" means Chapter 6, paragraph 110.)
- Scholasticism Willemen, Charles, Bart Dessein, and Collet Cox. *Sarvāstivāda Buddhist Scholasticism*. Brill; Leiden; New York; Lön: Brill, 1998.
- Vibhāṣā The Abhidharma-mahāvibhāṣā. T no.1545.

Example for using Abbreviation

In the Vis., it is the cemetery contemplation (*sīvathika*) that are called “meditation-subjects of impurity” (*asubha-kammatthāna*). It refers to ten kinds of impurity related to corpses — reflection on corpses in different stages of decomposition (Vis., VI, 110). It develops from the Nine Charnel Ground Contemplations in the *Satipaṭṭhāna Sutta* (DN22 and MN10), because they are dealing with corpses. The Vis. explains in detail how to obtain a proper dead body, which is not applicable in modern times. The last stage is mindfulness on skeleton (Vis., VI, 110).

4.2 Books for Buddhist monks (Bibliography)

There is no need to make a family name for Buddhist monks. The only exception: Buddhist monks in Sri Lanka use villages as family name.

Bhikkhu Nyanatiloka. *Buddhist Dictionary: Manual of Buddhist Terms and Doctrines*. Third revised edition. Kandy: Buddhist Publication Society, 1987.

Bhikkhu Bodhi. *The Mahānidāna Sutta and Its Commentaries*. Kandy: Buddhist Publication Society, 1995.

---. “Introduction.” *The numerical discourses of the Buddha : a translation of the Aṅguttara Nikāya*. Somerville: Wisdom Publications, 2012.

Bhikkhu Ñāṇamoli, and Bhikkhu Bodhi. Trans. *The Middle Length Discourses of the Buddha*. Boston: Wisdom Publications, 1995.

Bhikkhu Ñāṇamoli. Trans. *The Path of Purification*. Colombo: A Semage, 1964.

Pa-Auk Sayadaw. “To Escape from the Round of Rebirths: Based on Mindfulness of Breathing.” in *Mindfulness: Traditions and Compassionate Applications*. Ayutthaya: MCU 2017. pp. 179-202. Proceedings for The 3rd IABU Conference, on 6th - 8th May 2017, at MCU, Ayutthaya, Thailand.

4.3 Books for Buddhist monks (footnotes)

1. Bhikkhu Nyanatiloka, “dukkha” *Buddhist Dictionary*.
2. Bhikkhu Bodhi, *The Mahānidāna Sutta*, 123.
3. Bhikkhu Bodhi, “Introduction” *The numerical discourses of the Buddha*, ix.
4. See, *Ānāpāna sutta*. Bhikkhu Ñāṇamoli, and Bhikkhu Bodhi. Trans. *The Middle Length Discourses*, M118.
5. Bhikkhu Ñāṇamoli, Trans. *The Path of Purification* (Colombo: A Semage, 1964), 21-34.
6. Pa-Auk Sayadaw. “To Escape from the Round of Rebirths: Based on Mindfulness of Breathing.” pp. 179-180.

Note: In general, footnotes appear first time, we use full information as above 5. However, some well know texts, such as Bhikkhu Bodhi’s. Also, Pa-Auk’s article is from a conference Proceedings book. In that case, we can use a simple form (usually, simple form is used for second time).

The principle: information must be clear to the readers.

4.4 Books with more than one author

Bibliography

Willemen, Charles, Bart Dessein, and Collet Cox. *Sarvāstivāda Buddhist Scholasticism*. Brill; Lei-

den; New York; Löln: Brill, 1998.

Footnote appears at first time:

Charles Willemen, Bart Dessein and Collet Cox, *Sarvāstivāda Buddhist Scholasticism* (Brill; Leiden; New York; Löln: Brill, 1998): 234.

Footnote after the first time:

Charles Willemen, Bart Dessein and Collet Cox, 235.

In-text citation (Parenthetical note, always use simple citing):

(Willemen, Dessein and Cox, 234.)

Note: If there are more than 3 authors, you can use the first name and followed by "at al."

4.5 Common Abbreviation fro Buddhist Studies

Tib. –Tibetan

Skt.—Sanskrit

Ch. —Chinese

op. cit. — the work cited

loc. cit. — the place cited

ibid. — the same place

anon.— anonymous

c. or ca.—circa (about; used only with dates)

cf—compare or confer

ch., chaps.—chapter, chapters

para.—paragraph

col., cols—column, columns

e.g.—*exempli gratia* (for example)

5. More MLA Examples

a. Print Resources

Type of Entry	Bibliography	Footnote
Book with one author	Frye, Northrop. <i>Anatomy of Criticism: Four Essays</i> . Princeton: Princeton UP, 1957.	¹ Northrop Frye, <i>Anatomy of Criticism: Four Essays</i> (Princeton: Princeton UP, 1957), 32-34.
Book with more than one author	Bonadella, Peter, and Julie Conaway Bonadella, eds. <i>Dictionary of Italian Literature</i> . Westport: Greenwood, 1979.	² Peter Bonadella, and Julie Conaway Bonadella, eds., <i>Dictionary of Italian Literature</i> (Westport: Greenwood, 1979).
Anonymous Author	"Portents for Future Learning." <i>Time</i> 21 Sept. 1981: 65.	³ "Portents for Future Learning," <i>Time</i> 21 Sept. 1981: 65.
Multi-volume set	Churchill, Winston S. <i>The Age of Revolution</i> . New York: Dodd, 1957. Vol. 3 of <i>A History of the English-Speaking Peoples</i> . 4 vols. 1956-58.	⁴ Winston S. Churchill, <i>The Age of Revolution</i> , (New York: Dodd, 1957). Vol. 3 of <i>A History of the English-Speaking Peoples</i> . 4 vols. 1956-58.
Journal article (continuous pagination)	Spear, Karen. "Building Cognitive Skills in Basic Writers." <i>Teaching English in the Two Year College</i> 9 (1983): 91-98.	⁵ Karen Spear, "Building Cognitive Skills in Basic Writers," <i>Teaching English in the Two Year College</i> 9 (1983): 91-98.

Journal article (paginated by issue)	Monk, Patricia. "Frankenstein's Daughters: The Problems of the Feminine Image in Science Fiction." <i>Mosaic</i> 13.3-4 (1980): 15-27.	⁶ Patricia Monk, "Frankenstein's Daughters: The Problems of the Feminine Image in Science Fiction," <i>Mosaic</i> 13.3-4 (1980): 15-27.
Newspaper article	Dalin, Damon. "A \$7 Greeting Card? Yes, But listen to the Melody It Will Play For You." <i>Wall Street Journal</i> 10 May 1983, eastern ed.: 37.	⁷ Damon Dalin, "A \$7 Greeting Card? Yes, But listen to the Melody It Will Play For You," <i>Wall Street Journal</i> 10 May 1983, eastern ed.: 37.

B. Electronic Resources

Type of Entry	Bibliography	Footnote
Online journal (using volume and page format)	Simon, Joal A., Esther S. Hudes. "Relationship of Ascorbic Acid to Blood Lead Levels." <i>JAMA</i> 281 (1999): 2289-2293. Web. 24 Aug. 1999 < http://www.ama-assn.org/sci-pubs/journals/archive/jama/vol_281/no_24/joc81766.htm >.	⁸ Joal A. Simon and Esther S. Hudes, "Relationship of Ascorbic Acid to Blood Lead Levels," <i>JAMA</i> 281 (1999): 2289-2293, Web. 24 Aug. 1999 < http://www.ama-assn.org/sci-pubs/journals/archive/jama/vol_281/no_24/joc81766.htm >.
Online journal (no volume or page information)	"A New Treatment for Low Back Pain." <i>Alternative Health News Online</i> 22 Oct.1998. Web. 24 Aug. 1999 < http://www.altmedicine.com/app/archive.cfm?article=1519&searchquery=painmanagement >.	⁹ "A New Treatment for Low Back Pain," <i>Alternative Health News Online</i> 22 Oct.1998, Web. 24 Aug. 1999 < http://www.altmedicine.com/app/archive.cfm?article=1519&searchquery=painmanagement >
Online Database or Web Site	<i>The THCME Medical Biochemistry Page</i> . Ed. Michael W. King. August 16, 1999. Terre Haute Center for Medical Education. Web. 24 Aug. 1999 < http://web.indstate.edu/thcme/mwking/home.html >.	¹⁰ <i>The THCME Medical Biochemistry Page</i> , ed. Michael W. King, August 16, 1999, Terre Haute Center for Medical Education, Web. 24 Aug. 1999 < http://web.indstate.edu/thcme/mwking/home.html >.

Web page for more information on Style:

http://elibrary.ibc.ac.th/Research_Methodology_Workshop2019
 Thesis Guide: <http://elibrary.ibc.ac.th/Thesis-Guide>
 Thesis Template: <http://elibrary.ibc.ac.th/Thesis-Template>
 MLA Style Book: <http://elibrary.ibc.ac.th/MLA2009>
 Chicago Manual of Style: <http://elibrary.ibc.ac.th/CMS>